



City of Berwyn

Senior Citizens Newsletter - January 2010

MAYOR R. LOVERO

YOUR CITY OFFICIALS

**Mayor: Mr. Robert J. Lovero
(708-788-2660)**

City Clerk: Mr. Thomas Pavlik

City Treasurer: Mr. Joseph Kroc

1st. Ward Alderman: Nona N. Chapman

2nd. Ward Alderman: Jeffrey Boyajian

3rd. Ward Alderman: Margaret Paul

4th. Ward Alderman: Michele Skryd

5th. Ward Alderman: Cesar Santoy

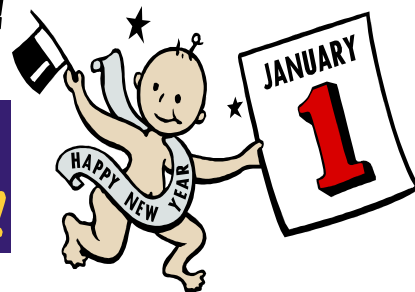
6th. Ward Alderman: Theodore Polashek

7th. Ward Alderman: Ralph Avila

8th. Ward Aldermen: Nora Laureto

From Senior Services!

**Happy
New Year!**



Hello 2010 !

To: Frank Paduch, Senior Advocate

From: President Barack Obama

Concerning: High Prescription Drug Prices for Seniors

Dear Friend,

Thank you for writing me. I have heard many Americans concerned about high prescription drug prices, and I appreciate hearing your perspective.

The rising cost of prescription medication has forced too many Americans to forgo treatment vital to their health. No one should have to choose between buying their groceries or medication. We must act on health insurance so that no American faces such a difficult decision.

My Administration is already making progress to help reduce the cost of medication. We reached an understanding with the pharmaceutical industry to help close the "doughnut hole" in Medicare Part D, a gap in coverage that has placed a crushing burden on older Americans who lived on fixed incomes and cannot afford thousands of dollars in out-of-pocket expenses. As part of the healthy insurance reform I expect Congress to enact this year, Medicare beneficiaries whose spending falls within this gap will now receive a minimum 50 percent discount in prescriptions drugs from the negotiated price their plan pays. This reform will make prescriptions drugs more affordable for millions of seniors and restore a measure of fairness to Medicare Part D. It is a significant breakthrough on the road to health insurance reform-one that will make a difference in the lives of many older Americans.

Yet we can do more to cut cost...

Please join me online to learn more and share thoughts
At www.HealthReform.gov and www.WhiteHouse.gov.

Sincerely
President Barack Obama

ELDER ABUSE (FINANCIAL, EMOTIONAL, PHYSICAL, SELF NEGLECT/HOARDING)

BREAK THE SILENCE IN 2010

Experts estimate that nearly 80% of elder abuse goes unreported to officials. The elderly most at risk are those who may not be able to report elder abuse themselves, for a variety of reasons (family members). If you have a friend or relative that is over 65 and you see some signs, report your concerns to the **24 hour Elder Abuse Hotline: 1-866-800-1409; Solutions for Care: 708-447-2448; or call the Advocate's Office: 708-788-2660 ext. 3510 or 3511.**

This is being mailed out with the water bills. If you know a senior that lives in an apartment and does not receive a water bill please pass this newsletter on to them or contact senior services at 708-788-2660 ext. 3510. Also, find more city, state and federal information for seniors on our city web page www.berwyn-il.gov under Senior Services.

Dear Seniors of Berwyn,

As you know, I have relied on our newsletter to keep seniors informed of events on the city calendar; to report news from different senior organizations; city, state and federal updates; communicate city council decisions, etc.

Although the Senior Newsletter has been a useful tool in 2009 as it is; I still wish to develop a list of other possible features and potentials for 2010 intended to make it of greater use and more interesting to read.

Before any changes are made, however, I would like to hear from you regarding the information or material you find most helpful in the current format as well as those you'd like to see added. You can tell me your preference by calling my office (708-484-0033) or mailing me a letter (6420 West 16th Street).

I appreciate any feedback to better serve you through this form of communications.

Frank Paduch
Senior Advocate

Seniors, do you need help paying your light or gas bill? Call CEDA at (708) 484-9670

KEY EVENTS IN 2010

1. **Beginning of the 2010 Census** *Everyone in Berwyn needs to be counted*, because hundreds of billions of dollars in federal funds are awarded to cities... based on their populations. (Al principio del Censo del 2010, TODOS en Berwyn necesitan ser contados, porque cientos de miles de millones de dolares en fondos federales seran concedidos para ciudad sobre la base de la poblacion)
2. **By 2030 one in every five Americans will be over the age of 65.** *Are Illinois communities ready?* AGE OPTIONS and the city of BERWYN is in a committed partnership to evaluate overall preparedness. **If you would like more information or would like to participate, please call Frank Paduch (708) 484-0033 or Kerri Metcalf at (708) 383-0258. We need volunteers to help with the interviewing process**

BERWYN SENIOR CITIZENS CLUBS

Berwyn V.I.P Club

Numerous events and parties for seniors with various luncheons and with programs presented. Meets September - May at 11:30am the 2nd and 4th Tuesday every month. Pavek Recreational Center- 31st & East Ave.

More info: Charles Grempe 708-484-0762

E.S.P.

This club meets on the second and fourth Wednesdays from September through May. Activities include luncheon and socializing. Games are played and other entertainment is done. Meetings are at 11:30am at the Pavek Community Center at 31st and East Ave. For more information call Chuck Hybl at 708-484-2313.

Senior Social Club

Seniors 55+ are welcome to attend and enjoy games, puzzles and cards. Meets every 2nd & 4th Wednesday of the month 11:00 - 1:00 pm. Berwyn Public Library, Community Room on 2nd floor.

More info: 708-795-8000 ext. 3017

www.BerwynLibrary.org

Club 55

North Berwyn Park District: 708-749-4900

Trips, activities, events and lots more are provided for seniors. www.nbpd4fun.org

Club Silver Program

Berwyn Park District: 708-795-2892

Proksa Park Needlers, Exercise Classes, Bingo & Lunch Trips and more

Friday Senior Socials at Pav YMCA

2947 S. Oak Park Ave. - 708-749-0606

Coffee service is available at all senior socials. Snacks to share are always welcomed.

For more information on Friday Senior Socials call (708) 839-9423.

www.PavYMCA.org